

# Become an Arthritis Champion!

## Descriptions

Opportunity	Description
Be an advocate for arthritis (Arthritis Advocacy Champion)	Arthritis Australia advocates for people living with arthritis to have improved health outcomes through increased investment in research and treatment, and access to healthcare and support. Ways you can assist include providing input or feedback on policy statements and submissions, sharing your story including for potential media opportunities, and speaking to your local Member of Parliament.
Be involved in arthritis research design (Arthritis Research Champion)	Arthritis Australia wants to involve consumers in research. Registering your interest will connect you with our research team who will discuss your involvement in research options further. You can still register your interest if you are also involved in research with other organisations, there will be different opportunities for different situations.
Help to develop health information and resources	Arthritis Australia develops health information resources for people with arthritis. You may be asked to review and provide feedback on them to make sure they meet the community needs.
Participate in surveys and/or focus groups	Arthritis Australia conducts surveys and focus groups to inform our programs and advocacy strategies. You may be asked to participate to share your experiences and feedback.
Participate in product design feedback	Arthritis Australia works with many companies and organisations to assist them to develop products that are suitable for people living with arthritis. Registering your interest will connect you with our Accessible Design team who will let you know when opportunities to participate in providing feedback on current and new designs occur. We will also keep you up to date about advocacy campaigns and newly Ease of Use/Easy to Open Certified products that can make your life easier.
Share my story	Sharing your story helps other people to realise they are part of an active community who are working to improve the lives of people living with arthritis.